

# TRADITIONAL DINING MENU

## BREAKFAST

Served with a fresh baked croissant

### CONTINENTAL BREAKFAST **V**

Seasonal Fruit | Greek Yogurt | Assorted Cereals |  
Choice of Oatmeal or Grits

### AMTRAK SIGNATURE RAILROAD FRENCH TOAST **V**

Thick Cut Brioche Toast | Powdered Sugar |  
Seasonal Berries

### THREE EGG OMELET **V**

Classic Omelet | Cheddar or Swiss Cheese | Tomatoes |  
Red Peppers | Onions | Ham | Tri-Color Potatoes

### SCRAMBLED EGGS **V**

Scrambled Eggs | Cheddar or Swiss Cheese |  
Tri-Color Potatoes

### BREAKFAST QUESADILLA **V**

Flour Tortilla | Scrambled Eggs | Cheddar Cheese |  
Red Peppers | Onions | Salsa | Tri-Color Potatoes

## LUNCH

Ask your server for today's lunch dessert selections.

### MIXED FIELD GREENS & GOAT CHEESE SALAD **V**

Arcadian Lettuce Mix | Strawberries | Honey Glazed  
Walnuts | Goat Cheese | Raspberry Vinaigrette

### MONTE CRISTO GRILLED SANDWICH

Honey Cured Ham | Turkey Breast | Swiss & Cheddar  
Cheese | Thick Cut Egg-Battered Brioche | Kettle Chips

### NATURAL ANGUS BURGER

Certified Angus Beef | Cheddar Cheese or Swiss Cheese |  
Brioche Bun | Lettuce | Tomato | Red Onion | Kettle Chips

### SWEET EARTH PLANT BASED AWESOME BURGER<sup>1</sup> **V**

Awesome Burger | Cheddar Cheese or Swiss Cheese |  
Brioche Bun | Lettuce | Tomato | Red Onion | Kettle Chips

### LOADED BAKED POTATO WITH CHILI<sup>1</sup>

Large Baked Potato | Vegan Chili | Cheddar Cheese |  
Bacon | Sour Cream | Scallions

### SAVORY CHILI BOWL<sup>1</sup>

Vegan Chili | Cheddar Cheese | Bacon | Sour Cream |  
Scallions

**V** – Vegetarian    **♥** – Amtrak's Healthy Option



Scan to enter the Amtrak Food and Beverage website for access  
to Food Facts, menus, and more.

Visit: <http://www.amtrakfoodfacts.com>

## SIDES

Sides are available for breakfast only

Hardwood Smoked Bacon  
Premium Skinless Pork Sausage Links  
Three-Pepper Natural Chicken Sausage Links  
Salsa

## CHILDREN

### CLASSIC GRILLED CHEESE **V**

Thick Cut Texas Toast | American & Swiss Cheeses |  
Kettle Chips

### PAN ROASTED CHICKEN BREAST

Thyme-marinated Chicken Breast | Mixed Vegetables |  
Mashed Potatoes

### HOMESTYLE WHITE CHEDDAR MAC & CHEESE **V**

Cavatappi Pasta | White Cheddar Cheese |  
Toasted Butter Breadcrumbs | Mixed Vegetables

### HEBREW NATIONAL ALL-BEEF HOT DOG

All Beef Hot Dog | Kettle Chips

## BEVERAGES

Complimentary beverages are available during all  
meal periods.

Coffee – Regular & Decaf  
Hot Tea  
Milk  
Orange Juice  
Iced Tea Unsweetened  
Bottled Spring Water  
Sparkling Water  
Coke, Diet Coke, Sprite  
Ginger Ale

<sup>1</sup> – Can be made vegan or vegetarian on request.

Egg substitute, sugar free jelly, sugar free breakfast syrup and soy milk available upon request.

Please be advised that food prepared on Amtrak trains may contain or have come in contact  
with, milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.

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# THREE COURSE DINNER MENU

*Served with a complimentary alcoholic beverage; soft beverages are complimentary during all meal periods.*

## APPETIZERS

### CAPRESE SKEWERS **V**

Ciliegine Mozzarella | Oven Dried Cherry Tomatoes | Balsamic Glaze

### COCONUT CRUSTED SHRIMP

Large Premium Shrimp | Crispy Natural Coconut Coating | Sweet Chili Sauce

### MIXED GREEN SALAD WITH BABY BRIE **V**

Arcadian Lettuce | Brie Cheese | Grape Tomatoes | Carrots | Balsamic Vinaigrette

## ENTREES

*Entrees can be substituted for lighter selections from the lunch menu. Served with a dinner roll.*

### AMTRAK SIGNATURE FLAT IRON STEAK\*\*

Seared Flat Iron Steak | Rustic Mashed Potatoes | Baby Green Beans | Waxed Beans | Port Wine Sauce

### PAN ROASTED CHICKEN BREAST

Thyme-marinated Chicken Breast | Lemon Risotto | Mixed Vegetables | Tomato Butter Sauce

### ATLANTIC SALMON **♥**

Oven Roasted Salmon | Ancient Grains | Carrots | Bell Peppers | Peas | Lemon Caper White Wine Sauce

### RIGATONI BOLOGNESE<sup>1</sup> **V**

Rigatoni Pasta | Parmesan Cheese | Bolognese Plant Based Meat Sauce

## DESSERTS

### CHOCOLATE TOFFEE MOUSSE

Creamy Chocolate Mousse | Golden Toffee Crunches | Coffee Liqueur

### WHITE CHOCOLATE BLUEBERRY COBBLER CHEESECAKE

Blueberry Cobbler | Vanilla Bean Chunks & White Chocolate Cheesecake | Swirled Blueberry Compote

### ULTIMATE MEYER LEMON CAKE

Lemon Layered Cake | Creamy Lemon Mousseline | Meyer Lemon Curd

## BAR SELECTION

### BEER

Bud Light, Corona 6.50  
Stella Artois, Heineken, Stone IPA 7.50

### SPIRITS

Tanqueray Gin, Tito's Handmade Vodka,  
Bacardi Rum, Maker's Mark Bourbon Whiskey 7.50

### WINE

Kendall-Jackson – Chardonnay  
Chateau Ste. Michelle – Rose  
Dark Harvest – Cabernet Sauvignon 7.50 glass/30.00 bottle

\*\* FDA Consumer Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.