

Kev's Quick Guide to Amtrak Long-Distance Trains

Train	End Stops	Sleeper Car Type	Meal Type	Observation Car	Daily	Notes
Auto Train 52 & 53	Lorton, VA - Sanford, FL	Superliner	Traditional	Yes	Yes	No Traditional dining for coach passengers
California Zephyr 5 & 6	Chicago - Emeryville	Superliner	Traditional	Yes	Yes	
Cardinal 50 & 51	Chicago - New York	Viewliner	Flex	No	No	Meals from the cafe car Trains three days a week.
City of New Orleans 58 & 59	Chicago- New Orleans	Superliner	Flex	Yes	Yes	Meals from the cafe car
Coast Starlight 11 & 14	LA - Seattle	Superliner	Traditional	Yes	Yes	
Crescent 19 & 20	New Orleans - New York	Viewliner	Flex	No	Yes	Flex meals are plated in the dining car.
Empire Builder 7, 8, 27, & 28	Chicago - Seattle - Portland	Superliner	Traditional	Yes	Yes	Alternative meal service between Spokane and Portland
Floridian 40 & 41	Chicago - Miami	Viewliner	Traditional	No	Yes	
Lake Shore Limited 48, 49, 448, & 449	Chicago - Boston - New York	Viewliner	Traditional	No	Yes	Flex meals are plated in the dining car.
Palmetto 89 & 90	New York - Savannah	No sleepers	Cafe	No	Yes	Business Class available
Silver Meteor 97 & 98	New York - Miami	Viewliner	Traditional	No	Yes	New York City - Miami
Southwest Chief 3 & 4	Chicago - LA	Superliner	Traditional	Yes	Yes	Chicago - LA
Sunset Limited 1 & 2	New Orleans- LA	Superliner	Traditional	Yes	No	Train runs three days a week
Texas Eagle 21, 22, 421, & 422	Chicago - San Antonio - LA	Superliner	Flex/Traditional	Yes	Yes/No	Flex dining is between Chicago and San Antonio, and traditional dining is from San Antonio and LA. This train runs three days a week between San Antonio and LA.

Understanding Amtrak's Long-Distance Trains

Car Types: Superliner vs. Viewliner

- **Superliner:** These are double-decker (bilevel) train cars used west of the Mississippi and the City of New Orleans and Auto Train.
- **Viewliner:** These are single-level train cars used on eastern routes where tunnels and infrastructure do not allow for taller Superliner equipment.

Food Options

Your accommodations determine your food options. Passengers in sleeping cars receive complimentary meals during their journey, and those of legal drinking age can also enjoy a complimentary adult beverage with dinner.

Depending on availability, coach passengers on trains with traditional dining cars can purchase meals in the dining car. Coach passengers cannot partake in flex dining meals.

- **Traditional Dining:** This full-service dining option is available on most long-distance trains. Meals are freshly prepared and served in a dining car, with set menu prices for coach passengers.
- **Flex Dining:** This option, found on some overnight routes, offers pre-prepared meals served to sleeper passengers, usually plated in the dining car of Viewliner trains.
- **Café Car:** These cars are available on all long-distance trains; café cars sell snacks, beverages, and meals and are open to all passengers.